

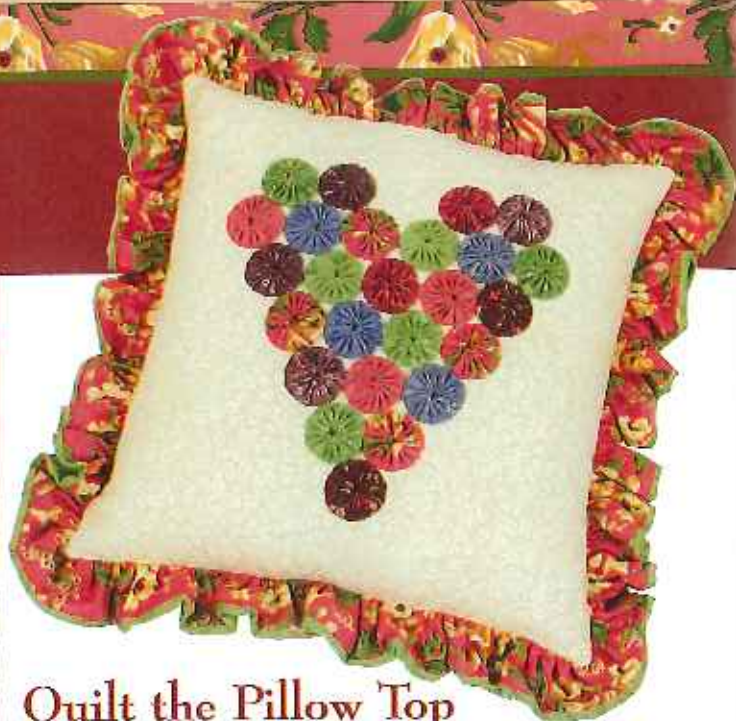
# Yo-Yo Heart

16-inches square without ruffle

## Fabrics & Supplies

- 18-inch square **BEIGE PRINT**  
for pillow top
- (25) 4 1/2-inch squares  
**ASSORTED PRINTS**  
for yo-yos
- 3/8 yard **ROSE FLORAL**  
for inner ruffle
- 3/8 yard **GREEN PRINT**  
for outer ruffle
- 1/2 yard **ROSE PRINT**  
for pillow back
- 18-inch square **BEIGE** for quilted pillow  
top lining
- 18-inch square quilt batting  
for quilted pillow top
- 16-inch pillow form
- water erasable marking pen, spray adhesive  
for basting
- Clover "Quick" Yo-Yo Maker (Large)  
or template material for yo-yos

*Before beginning this project,  
read through Getting Started on page 181.*



## Quilt the Pillow Top

**Step 1** Use a water erasable marking pen to mark the 18-inch **BEIGE PRINT** pillow top square with a 1-inch wide crosshatch grid.

*Basting Suggestions: We suggest using spray adhesive for basting (follow manufacturer's instructions); or, pin or hand baste the layers together.*

**Step 2** Layer the 18-inch **BEIGE** lining square, batting square, and **BEIGE PRINT** pillow top (right side up). Referring to *Basting Suggestions*, baste the layers together and quilt.

**Step 3** Trim quilted pillow top to 16-1/2-inches square. Hand baste raw edges together to prevent them from rippling when ruffle is attached.

## Make the Yo-Yos

Our Yo-Yo Heart Pillow was made using the Clover "Quick" Yo-Yo Maker (Large). Follow manufacturer's instructions to make a total of (25) yo-yos which are 1-3/4-inches in diameter.

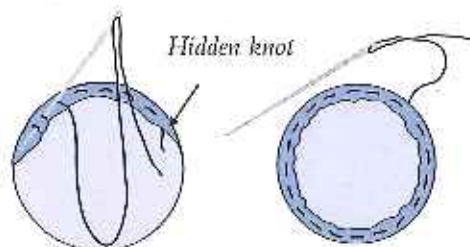
*The following instructions are for making yo-yos without the Clover Yo-Yo Maker.*

**Step 1** Trace yo-yo pattern on page 149 onto template material; cut out.

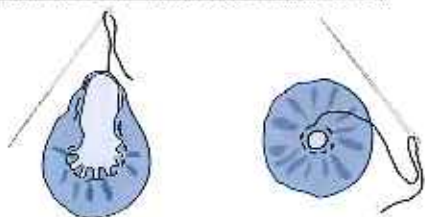
**Step 2** Using the 4-inch circle template, trace 25 circles on the wrong side of the designated fabrics.



**Step 3** To make each yo-yo, turn edges of circle under a scant 1/8-inch. Take care to keep seam allowances of each circle the same size. Use one strand of quilting thread to make running stitches close to the fold. Make stitches approximately 1/4-inch long and 1/4-inch apart. If the running stitches are made too close together, it will be difficult to pull up the stitches to make a nice tight hole at the yo-yo center.

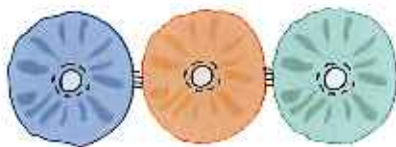


**Step 4** To form yo-yo, pull up gathering thread so the circle is gathered on the right side. Pull thread tight; knot and bury the thread in the fold of the yo-yo. The back side of the yo-yo will be flat. At this point the finished yo-yo should measure 1-3/4-inches in diameter.

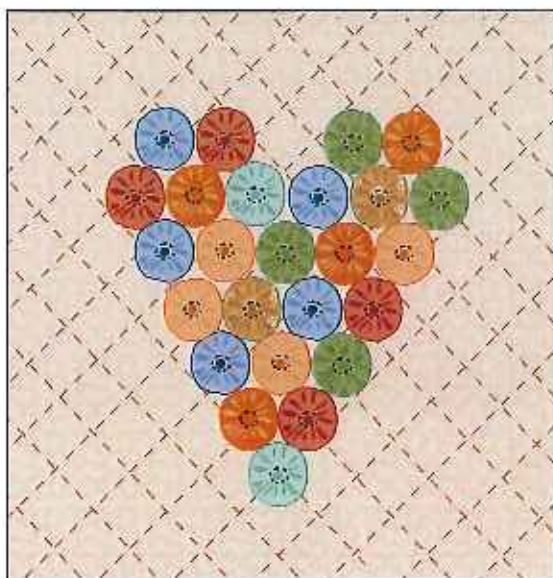


Make a total of 25 yo-yos.

**Step 5** Referring to Step 6 diagram, position yo-yos on 16-1/2-inch quilted pillow top to make a heart shape. Sew the yo-yos together in rows. To sew the yo-yos together, place them right sides together, stitch them together along their edges with several whipstitches. Make a secure knot; bury the thread and clip it. Sew the rows together in the same manner to make the heart shape.



**Step 6** Center the yo-yo heart shape on the 16-1/2-inch quilted pillow top; pin in place. Invisibly tack the yo-yos to pillow top. We suggest tacking the yo-yo centers first, then tack one point on each yo-yo outside edge.



## Pillow Ruffle

*Note: By sewing 2 different width fabrics together, you form the illusion of a double ruffle without all the additional bulk.*

### Cutting

From **ROSE PRINT**:

- Cut 4, 2 1/2 x 44-inch inner ruffle strips

From **GREEN PRINT**:

- Cut 4, 3 x 44-inch outer ruffle strips

### Piecing and Attaching the Ruffle

**Step 1** Diagonally piece together the 2-1/2-inch wide **ROSE** strips.

**Step 2** Diagonally piece together the 3-inch wide **GREEN** strips.

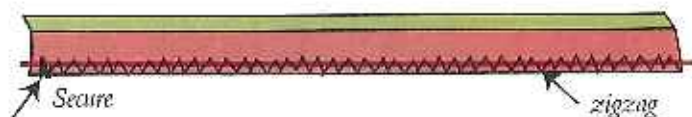
**Step 3** Aligning long edges, sew together the **ROSE** and **GREEN** strips; press. At this point the ruffle strip should be 5-inches wide.



**Step 4** Diagonally piece together the 5-inch wide **ROSE/GREEN** strip to make a continuous ruffle strip. Fold strip in half lengthwise, wrong sides together; press. Divide ruffle strip into 4 equal segments; mark quarter points with safety pins.



**Step 5** To gather ruffle, position quilting thread a scant 1/4-inch from raw edges of folded ruffle strip. You will need a length of thread 160 inches long. Secure one end of the thread by stitching across it. Zigzag stitch over the thread all the way around the ruffle strip taking care not to sew through it.



**Step 6** Divide pillow top edges into 4 equal segments; mark quarter points with safety pins. With right sides together and raw edges aligned, pin ruffle to pillow top, matching quarter points. Gently pull up gathering stitches until ruffle fits pillow top, taking care to allow a little extra fullness in the ruffle at each corner. Sew ruffle to pillow top using a 1/4-inch seam allowance.

## Pillow Back

### Cutting

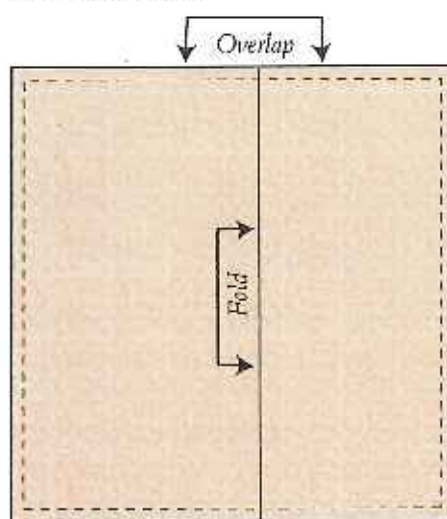
From **ROSE PRINT**:

- Cut 2, 16-1/2 x 20-inch rectangles

### Assemble the Pillow Back

**Step 1** With wrong sides together, fold each 16-1/2 x 20-inch **ROSE** rectangle in half crosswise to make 2, 10 x 16-1/2-inch double thick pillow back pieces. Overlap the 2 folded



edges so the pillow back measures 16-1/2-inches square; pin. Using a scant 1/4-inch seam allowance, stitch around entire pillow piece to create a single pillow back. The double thickness of each pillow back piece will make the pillow more stable and give it a nice finishing touch.



**Step 2** With right sides together, layer pillow back and pillow top; pin. The ruffle will be sandwiched between the 2 layers and turned toward pillow center at this time. Pin and stitch around outside edges using a 3/8-inch seam allowance.

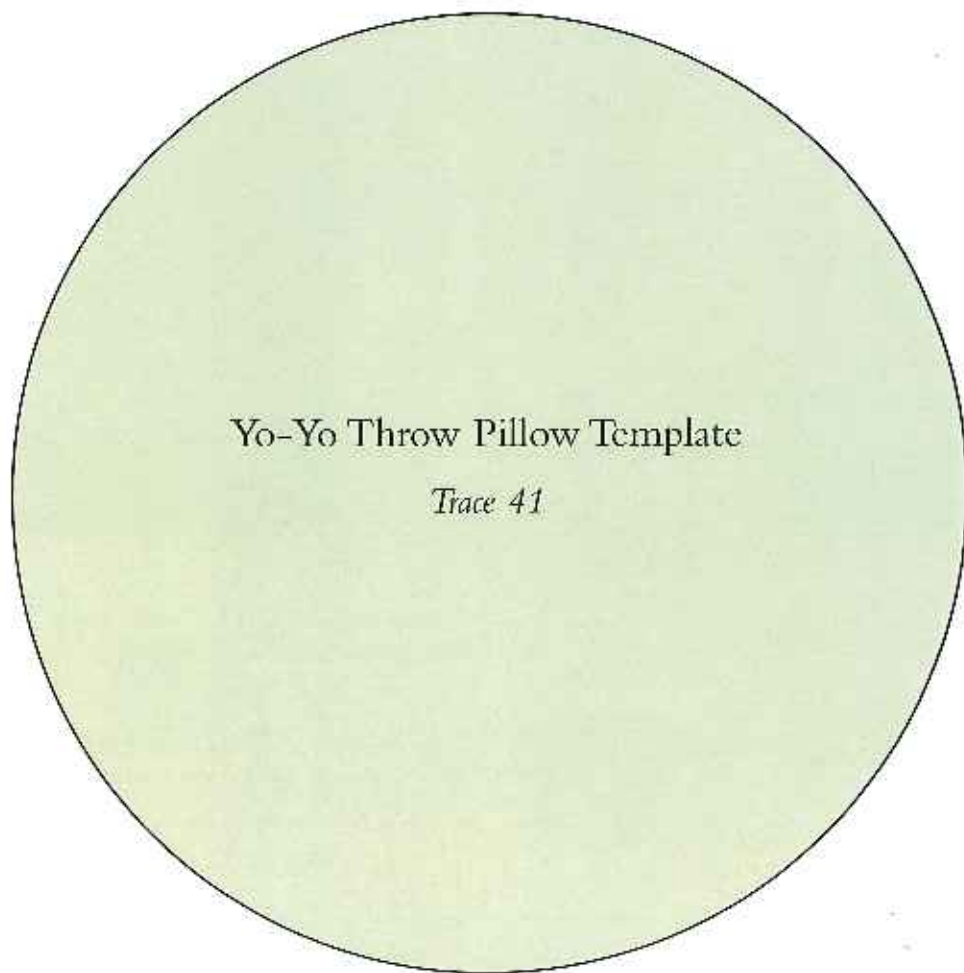
**Step 3** Turn pillow right side out, insert pillow form through back opening, and fluff up ruffle.





Yo-Yo Heart Pillow Template

*Trace 25*



Yo-Yo Throw Pillow Template

*Trace 41*