

# PINE SACHET BUNDLE



each sachet: 4 x 6-inches

## Fabrics and Supplies for Three Sachets

1/8 yard of 3 COORDINATING PRINTS for sachets

4 cups of dried balsam (1-1/3 cups per sachet)

1 yard piece of 1-inch wide grosgrain ribbon

**Note:** Twelve sachets can be filled with 2 pounds of dried balsam. We used Vermont Dried Balsam, available at [www.vtbalsam.com](http://www.vtbalsam.com) or 802-888-1713.

## Sachet Bundle

### Cutting

From *each* of the 3 COORDINATING PRINTS:

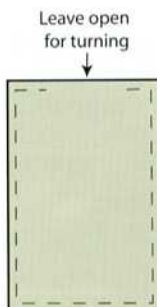
- Cut 2, 4-1/2 x 6-1/2-inch rectangles

**Step 1** With right sides together, sew the 2, 4-1/2 x 6-1/2-inch rectangles together, leaving 2-inches open for turning.

**Step 2** Turn the sachet right side out. Make sure the corners are pushed out and square; press.

**Step 3** Measure out 1-1/3 cups of dried balsam and pour it into the sachet. Hand stitch the opening closed.

**Step 4** Make a total of 3 pine sachets, stack them up. Tie a decorative ribbon around them and trim the ends of the ribbon as needed.



## Embroidered Ribbon

### Supplies for One Ribbon

1 yard of 1-inch wide grosgrain ribbon

contrasting thread - heavy/topstitching thread for "the right side of the ribbon" (we used Coats & Clark Dual Duty XP heavy thread, 100% polyester covered polyester)

regular sewing thread for "the bobbin" to match the top thread

### Instructions

**Step 1** Use the heavy thread for the right side of the ribbon. Use the regular sewing thread in the bobbin.

**Step 2** Practice decorative stitches on a scrap of ribbon with your sewing machine. We used several decorative stitches to achieve our embroidered ribbon, (the simple zig zag stitch, feather stitch, and twisted rope design). Stitch the decorative stitch on your ribbon. Test your choice on a piece of ribbon experimenting with stitch length and width.

**Step 3** Stack 3 sachets and wrap the embroidered ribbon around them, tie in a bow. Trim the ends of the ribbon as needed.