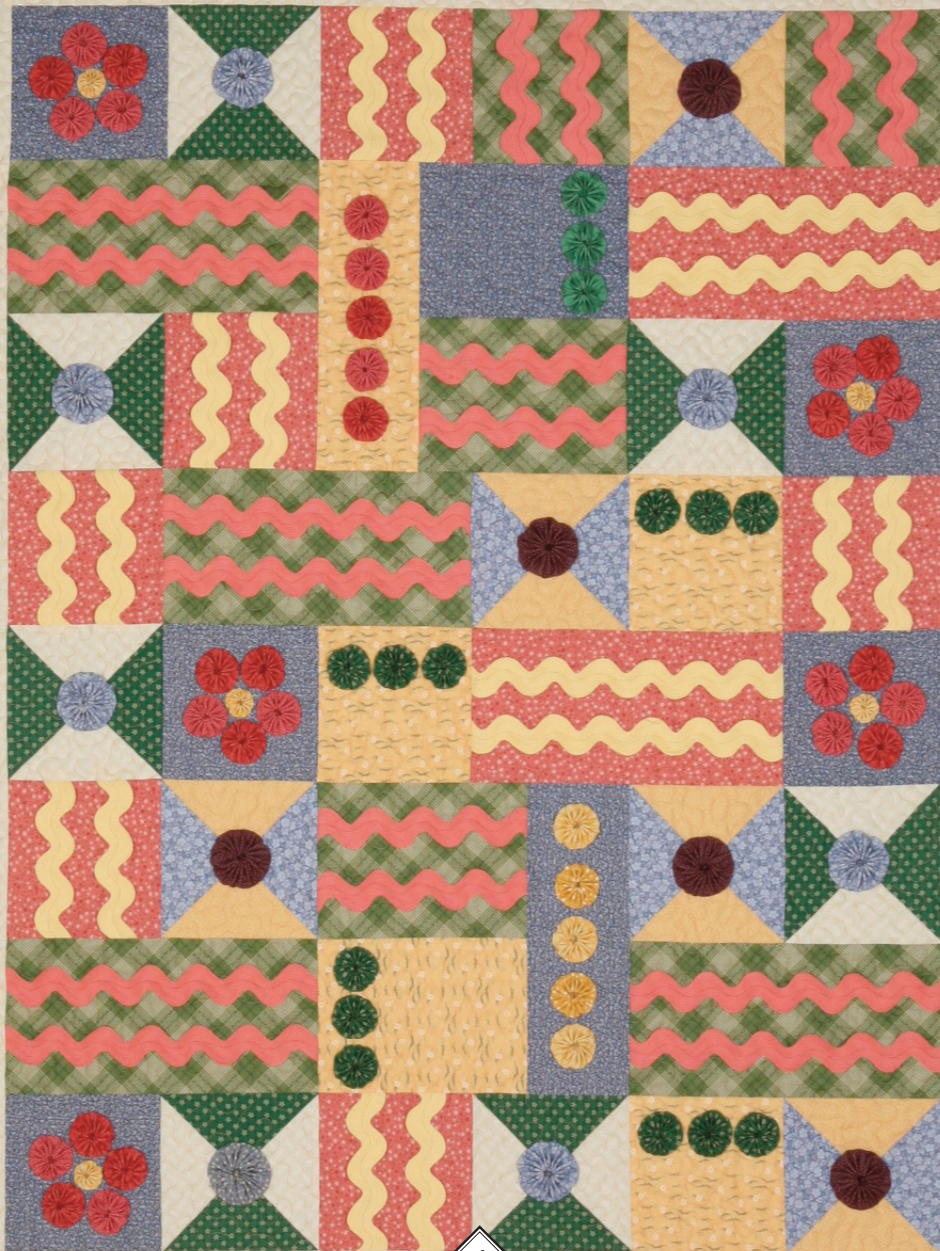


Girly Girl Quilt

64" x 76"

Includes bonus Hourglass Pillow and Jammy Bag



THIMBLEBERRIES®

thimbleberries.com

Girly Girl Quilt

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Size: 64 x 76-inches

The fabrics used in this pattern are from the **Shades Apart** and **Moon Flower** fabric lines. Our patterns **Block Scramble** and **Blossom Burst** also feature the **Shades Apart** fabric collection. Check with your local quilt shop for these fabric lines and other great **THIMBLEBERRIES** fabrics, books, and patterns.

The yardage given for the project is based on 44-inch wide fabric.

Fabrics and Supplies for Girly Girl Quilt

1/4 yard **LIGHT BLUE PRINT** for hourglass blocks
1/4 yard **LIGHT YELLOW PRINT** for hourglass blocks
1/4 yard **GREEN PRINT** for hourglass blocks
5/8 yard **BEIGE PRINT** for hourglass blocks, border
1/2 yard **MEDIUM BLUE PRINT** for squares/rectangles
1/2 yard **ROSE PRINT** for squares/rectangles
1/2 yard **GREEN DIAGONAL PLAID** for squares/rectangles
1/4 yard **YELLOW/GREEN PRINT** for squares/rectangles
7/8 yard **YELLOW PRINT** for inner border, second middle border
1/2 yard **LIGHT PLUM PRINT** for first middle border
1-1/2 yards **GREEN PRINT** for outer border
5/8 yard **GREEN PRINT** for binding
4 yards **LIGHT PLUM PRINT** for backing
quilt batting, at least 70 x 82-inches
maxi size rick rack (1-1/2-inch wide):

10 yards of **ROSE**
4 yards of **YELLOW**
6-1/2 yards of **GREEN**

ASSORTED PRINTS for yo-yo embellishments:

(12) 5-1/2-inch squares for extra large yo-yos
(50) 4-1/2-inch squares for large yo-yos
(5) 3-1/2-inch squares for small yo-yos

Clover® “Quick” Yo-Yo Maker (Extra Large, Large, Small) or template material

A rotary cutter, mat, and wide clear plastic ruler with 1/8-inch markings are necessary tools in attaining accuracy.
A 6 x 24-inch ruler is recommended.

Any kits sold, or teaching of this pattern, must include an original pattern from **THIMBLEBERRIES**.

Ask at your local quilt shop for the **THIMBLEBERRIES** braided texture rugs and accessories from Colonial Mills, Inc. To view their products visit www.colonialmills.com.

Getting Started

- If concerned about colorfastness, test a 2-inch square of fabric in warm water to see if dye is released. If so, prewash and press fabric.
- If concerned about shrinkage, prewash and press all fabric.
- For piecing, place right sides of fabric pieces together and use 1/4-inch seam allowances throughout unless otherwise specified.
- It is necessary that accurate 1/4-inch seam allowances are used. It is wise to stitch a sample 1/4-inch seam allowance to check your machine's seam allowance accuracy.
- Seam allowances are included in cutting sizes given.
- The prints shown in the diagrams are computer generated and they are not to scale. See photograph for actual fabrics.

Hints and Helps for Pressing Strip Sets

When sewing strips of fabric together for strip sets, it is important to press the seam allowances nice and flat, usually to the dark fabric. Be careful not to stretch as you press, causing a "rainbow effect." This will affect the accuracy and shape of the pieces cut from the strip set. Press on the wrong side first with the strips perpendicular to the ironing board. Flip the piece over and press on the right side to prevent little pleats from forming at the seams. Laying the strip set lengthwise on the ironing board seems to encourage the rainbow effect.



Avoid this "rainbow effect"

Girly Girl Quilt

64" x 76"

Before beginning this project, read through Getting Started.

Hourglass Blocks

Makes 5 **LIGHT BLUE** blocks

Makes 7 **GREEN** blocks

Cutting

From **LIGHT BLUE PRINT**:

- Cut 1, 7-1/4 x 44-inch strip. From strip cut: 3, 7-1/4-inch squares

From **LIGHT YELLOW PRINT**:

- Cut 1, 7-1/4 x 44-inch strip. From strip cut: 3, 7-1/4-inch squares

From **GREEN PRINT**:

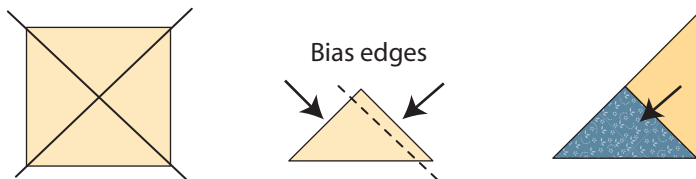
- Cut 1, 7-1/4 x 44-inch strip. From strip cut: 4, 7-1/4-inch squares

From **BEIGE PRINT**:

- Cut 1, 7-1/4 x 44-inch strip. From strip cut: 4, 7-1/4-inch squares

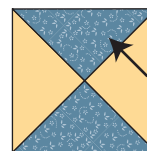
Piecing - Refer to arrows on diagrams for pressing.

Step 1 With right sides together, layer the 7-1/4-inch **LIGHT BLUE** and **LIGHT YELLOW** squares in pairs. Cut layered squares diagonally into quarters to make 12 triangle sets. You will be using only 10 triangle sets. Stitch along the same bias edge of each triangle set; press.



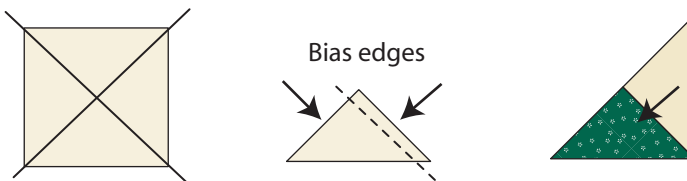
Make 10 triangle units

Step 2 Sew triangle units together in pairs to make hourglass blocks. At this point each hourglass block should measure 6-1/2-inches square.



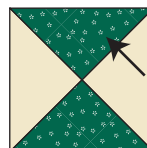
Make 5 hourglass blocks

Step 3 With right sides together, layer the 7-1/4-inch **GREEN** and **BEIGE** squares in pairs. Cut layered squares diagonally into quarters to make 16 triangle sets. You will be using only 14 triangle sets. Stitch along the same bias edge of each triangle set; press.



Make 14 triangle units

Step 4 Sew triangle units together in pairs to make hourglass blocks. At this point each hourglass block should measure 6-1/2-inches square.



Make 7 hourglass blocks

Embellished Blocks

Cutting

From **MEDIUM BLUE PRINT**:

- Cut 2, 6-1/2 x 44-inch strips. From strips cut:
1, 6-1/2 x 8-1/2-inch rectangle
5, 6-1/2-inch squares
1, 4-1/2 x 12-1/2-inch rectangle

From **ROSE PRINT**:

- Cut 2, 6-1/2 x 44-inch strips. From strips cut:
2, 6-1/2 x 12-1/2-inch rectangles
6, 6-1/2-inch squares

From **GREEN DIAGONAL PLAID**:

- Cut 2, 6-1/2 x 44-inch strips. From strips cut:
4, 6-1/2 x 12-1/2-inch rectangles
2, 6-1/2 x 8-1/2-inch rectangles
2, 6-1/2-inch squares

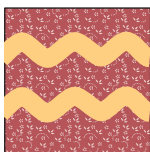
From **YELLOW/GREEN PRINT**:

- Cut 1, 6-1/2 x 44-inch strip. From strip cut:
1, 6-1/2 x 8-1/2-inch rectangle
3, 6-1/2-inch squares
1, 4-1/2 x 12-1/2-inch rectangle

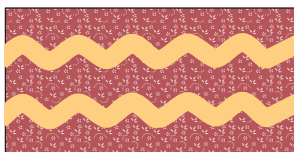
Attaching Rick Rack

Note: If the manufacturer suggests, preshrink the rick rack.

Referring to diagrams, position (2) rick rack strips on the designated squares and rectangles. With matching thread, stitch along both edges of the rick rack strips to prevent them from curling. The yo-yos will be added after the quilt is quilted.



Make 6



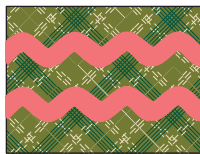
Make 2



Make 2



Make 4



Make 2

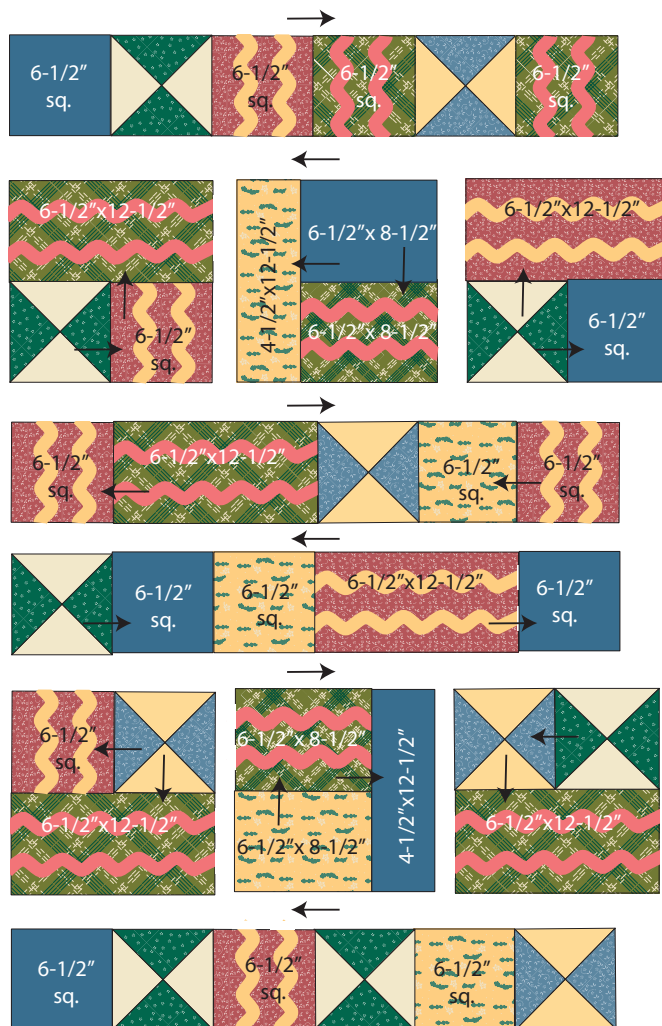
Quilt Center

Step 1 Referring to quilt center assembly diagram, lay out all of the blocks. Pay attention to the direction of the rick rack per block. Sew the blocks together in sections; press. Sew the blocks and sections together in rows. Press seam allowances in alternate

directions by rows so seams will fit snugly together. Each row should be 36-1/2-inches long.

Step 2 Sew the rows together to make the quilt center; press. At this point the quilt center should measure 36-1/2 x 48-1/2-inches.

Quilt Center Assembly



Borders

Note: Yardage given allows for border strips to be cut on crosswise grain. Diagonally piece strips as needed, referring to **Diagonal Piecing** on page 4. Read through **Border** instructions on page 3 for general instructions on adding borders.

Cutting

From **BEIGE PRINT**:

- Cut 5, 2-1/2 x 44-inch inner border strips

From **YELLOW PRINT**:

- Cut 5, 2-1/2 x 44-inch first middle border strips
- Cut 7, 2-1/2 x 44-inch third middle border strips

From **LIGHT PLUM PRINT**:

- Cut 6, 2-1/2 x 44-inch second middle border strips

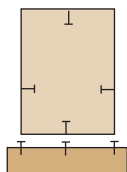
From **GREEN PRINT**:

- Cut 7, 6-1/2 x 44-inch outer border strips

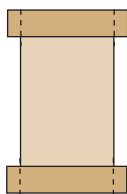
Attaching Borders

Step 1 With pins, mark center points along all 4 sides of quilt. For top/bottom borders, measure quilt from left to right through the middle. This measurement will give you the most accurate measurement that will result in a “square” quilt.

Step 2 Measure and mark border lengths and center points on 2-1/2-inch wide **BEIGE** strips cut for borders before sewing them on.

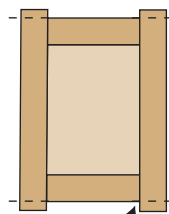


Step 3 Pin border strips to quilt matching pinned points on each border and the quilt. Pin borders every 6 to 8-inches easing fabric to fit as necessary. This will prevent borders and quilt center from stretching while sewing them together. Stitch a 1/4-inch seam. Press seam allowances toward borders. Trim off excess border lengths.



Trim away excess fabric

Step 4 For side borders, measure quilt from top to bottom through the middle, including borders just added to determine length of side borders.



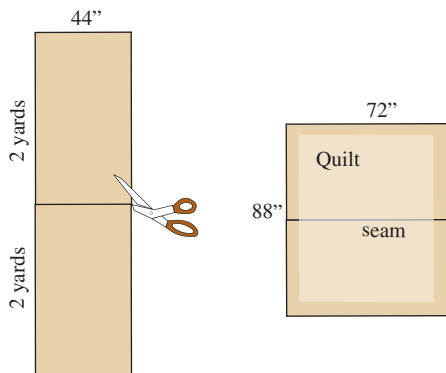
Trim away excess fabric

Step 5 Measure and mark 2-1/2-inch wide **BEIGE** side border lengths as you did for top/bottom borders. Pin and stitch side border strips in place. Press and trim border strips even with borders just added.

Step 6 Attach the 2-1/2-inch **YELLOW** first middle border, 2-1/2-inch wide **LIGHT PLUM** second middle border, 2-1/2-inch **YELLOW** third middle border, and 6-1/2-inch wide **GREEN** outer border in the same manner. When attaching last 2 side outer border strips, taking a few backstitches at the beginning and end of the border will help keep quilt borders intact during quilting process.

Putting It All Together

Step 1 Cut the 4 yard length of backing fabric in half crosswise to make 2, 2 yard lengths. Sew long edges together; press. Trim backing and batting so they are approximately 6-inches larger than quilt top.



Step 2 Mark quilt top for quilting. Layer backing, batting, and quilt top. Hand baste the 3 layers together and quilt. Our project was meandered. The rick rack was not quilted.

Step 3 When quilting is complete, remove basting. Trim excess batting and backing fabric even with the quilt top edge. Hand baste the layers together a scant 1/4-inch from edge to keep the layers from shifting and prevents puckers from forming when adding the yo-yos and binding.

Yo-Yo Embellishments

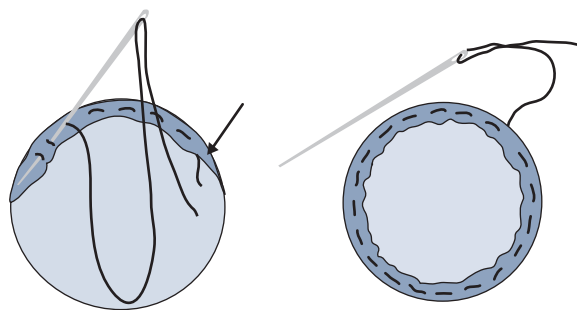
Our yo-yos were made using the Clover “Quick” Yo-Yo Maker (Extra-Large, Large, and Small). Follow manufacturer’s instructions to make a total of (12) Extra-Large yo-yos, (50) Large yo-yos, and (5) Small yo-yos.

The following instructions are for making yo-yos WITHOUT the Clover Yo-Yo Maker.

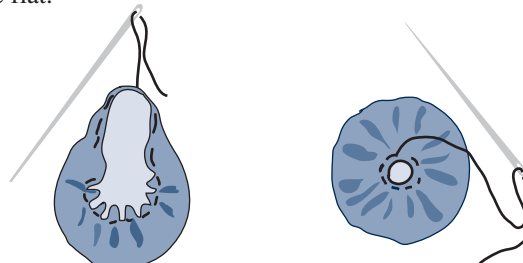
Step 1 Trace the yo-yo patterns (page 4) onto template material; cut out. For the Extra-Large yo-yos use a 4-3/4-inch diameter circle. For the Large yo-yos use a 3-3/4-inch diameter circle. For the Small yo-yos use a 2-1/2-inch circle.

Step 2 On the wrong side of the designated yo-yo fabrics:
Trace and cut out (12) 4-3/4-inch circles
Trace and cut out (50) 3-3/4-inch circles
Trace and cut out (5) 2-1/2-inch circles

Step 3 To make each yo-yo, turn edges of circle under a scant 1/8-inch. Take care to keep seam allowances of each circle the same size. Use one strand of quilting thread to make running stitches close to the fold. Make stitches approximately 1/4-inch long and 1/4-inch apart. If the running stitches are made too close together, it will be difficult to pull up the stitches to make a nice tight hole at the yo-yo center.



Step 4 To form yo-yo, pull up gathering thread so the circle is gathered on the right side. Pull thread tight; knot and bury the thread in the fold of the yo-yo. The back side of the yo-yo will be flat.

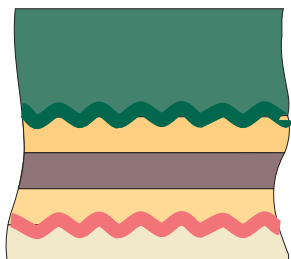


Step 5 Referring to the quilt photo on the cover, position the yo-yos on the quilt squares and rectangles; pin. Hand tack the yo-yos to the quilt.

Step 6 Position the **rose rick rack** on the seam line of the **BEIGE** and **YELLOW** borders; stitch both sides in place.

Step 7 Position the **green rick rack** on the seam line of the **YELLOW** and **GREEN** borders; stitch both sides in place.

Diagonal Piecing



Binding

Note: The 2-3/4-inch wide strips will produce a 1/2-inch wide finished double binding. If you would like a wider or narrower binding, adjust the width of the strips you cut.

Cutting

From **GREEN PRINT**:

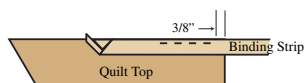
- Cut 7, 2-3/4 x 44-inch strips

Attaching Binding

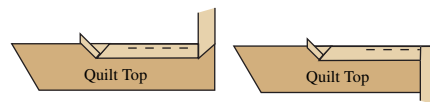
Step 1 Diagonally piece binding strips. Fold strip in half lengthwise, wrong sides together; press. Unfold and trim one end at a 45° angle. Turn under edge 3/8-inch; press. Refold strip.



Step 2 Lay binding strip, longer side down, on right side of quilt top, aligning raw edges. Stitch with a 3/8-inch seam allowance starting 2-inches from angled end.



Step 3 Miter binding at corners. As you approach a corner of the quilt, stop sewing 3/8-inch from the corner (use the same measurement as your seam allowance). Clip threads and remove quilt from under presser foot. Flip binding strip up and away from quilt, then fold binding down even with raw edge of quilt. Start sewing again at upper edge. Miter all 4 corners in this manner.



Step 4 Trim end of binding so about 1/2-inch of it can be tucked inside of folded binding. Finish stitching seam.



Step 5 Turn folded edge of binding over raw edges and to back of quilt so stitching line does not show. Slip stitch binding to backside of quilt by hand.

