

House and Garden

Sweetheart Runner



1st Quarter

20 x 48-inches

THIMBLEBERRIES[®]
by Lynette Jensen

Sweetheart Runner

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20 x 48-inches

The fabrics used in this pattern are from the **House and Garden** fabric line. Look for patterns, **Tulip House**, **Star Shine Square**, and **Raspberry Swirl**, which also feature the **House and Garden** fabric line. Check with your local quilt shop for this fabric line and other great **THIMBLEBERRIES** fabrics, books, and patterns.

About our Yardage Requirements...

The yardage given for the project is based on 42-inch wide fabric. This yardage is more than adequate for the project.

Fabrics and Supplies Color Options

Light & Bright color shown on pattern cover.

Warm & Cozy color option shown on page 4.

Light & Bright	Warm & Cozy	
6419-1	6419-2	8 x 16-inch piece ROSE PRINT #1 for heart blocks
6406-1	6406-2	8 x 16-inch piece ROSE PRINT #2 for heart blocks
6408-1	6408-2	8-inch square ROSE PRINT #3 for heart blocks
6412-1	6412-2	8-inch square ROSE DOT for heart blocks
6407-1	6407-3	1-1/8 yards BEIGE LARGE PRINT for background and border
6410-1	6410-2	1/8 yard GREEN LEAF PRINT for pieced block
6416-1	6416-2	1/8 yard GREEN GEOMETRIC PRINT for pieced block
6407-1	6407-3	3/8 yard BEIGE LARGE PRINT for binding
6408-1	6408-2	1-1/2 yards ROSE PRINT #3 for backing

quilt batting, at least 26 x 52-inches

A rotary cutter, mat, and wide clear plastic ruler with 1/8-inch markings are necessary tools in attaining accuracy.

A 6 x 24-inch ruler is recommended.

Any kits sold, or teaching of this pattern, must include an original pattern from **THIMBLEBERRIES**.

Ask at your local quilt shop for the **THIMBLEBERRIES** braided texture rugs and accessories from Colonial Mills, Inc. To view their products visit www.colonialmills.com.

The House and Garden Thread Collection by Robison Anton coordinates with the fabrics in the **Sweetheart Runner**.



THIMBLEBERRIES, INC.
by Lynette Jensen

Sweetheart Runner

20" x 48"

GETTING STARTED

- If concerned about colorfastness, test a 2-inch square of fabric in warm water to see if dye is released. If so, prewash and press the fabric.
- If concerned about shrinkage, prewash and press all the fabric.
- Read instructions thoroughly before beginning the project.
- For piecing, place right sides of fabric pieces together and use 1/4-inch seam allowances throughout unless otherwise specified.
- It is necessary that accurate 1/4-inch seam allowances are used. It is wise to stitch a sample 1/4-inch seam allowance to check your machine's seam allowance accuracy.
- Seam allowances are included in the cutting sizes given.
- Press seam allowances in one direction toward the darker fabric and/or in the direction that will create the least bulk.

Heart Blocks

Makes 2 blocks

Cutting

From ROSE PRINT #1 and #2:

- Cut 2, 6-1/2-inch squares from each fabric

From ROSE PRINT #3 and ROSE DOT:

- Cut 1, 6-7/8-inch square from each fabric

From BEIGE LARGE PRINT:

- Cut 1, 6-7/8 x 12-inch strip.
From the strip cut:
2, 6-7/8-inch squares
Trim the remaining strip to 2-1/2-inches wide and cut:
8, 2-1/2-inch squares

Piecing

Step 1 With right sides together, position 2 of the 2-1/2-inch BEIGE squares on the 2 upper corners of a 6-1/2-inch ROSE #1 square. Draw diagonal lines on the BEIGE squares and stitch on the lines. Trim the seam allowances to 1/4-inch; press. Make 2 units. Repeat this process using the 6-1/2-inch ROSE #2 squares.



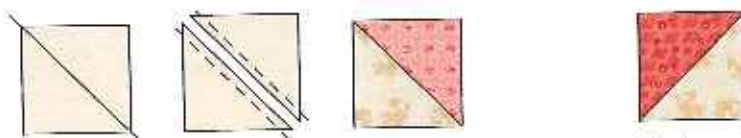
Make 2 ROSE #1 Make 2 ROSE #2

Step 2 Sew the Step 1 units together in pairs; press. At this point each unit should measure 6-1/2 x 12-1/2-inches.



Make 2

Step 3 With right sides together, layer the 6-7/8-inch ROSE #3 square and a 6-7/8-inch BEIGE square. Press together, but do not sew. Cut the layered square in half diagonally to make 2 sets of triangles. Stitch 1/4-inch from the diagonal edge of each pair of triangles; press. Repeat this process using the 6-7/8-inch ROSE DOT square and a 6-7/8-inch BEIGE square.



Make 2, 6-1/2-inch ROSE #3 triangle-pieced squares

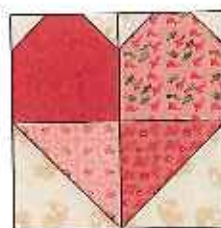
Make 2, 6-1/2-inch ROSE DOT triangle-pieced squares

Step 4 Sew the Step 3 triangle-pieced squares together in pairs; press. At this point each unit should measure 6-1/2 x 12-1/2-inches.



Make 2

Step 5 Sew the Step 2 units to the top edge of the Step 4 units; press. At this point each heart block should measure 12-1/2-inches square.



Make 2

Green Picced Block

Makes 1 block

Cutting

From **GREEN LEAF PRINT**:

- Cut 1, 2-1/2 x 42-inch strip. From the strip cut:
8, 2-1/2 x 4-1/2-inch rectangles

From **GREEN GEOMETRIC PRINT**:

- Cut 1, 2-7/8 x 42-inch strip. From the strip cut:
2, 2-7/8-inch squares.
Trim the remaining strip to 2-1/2-inches wide; cut:
4, 2-1/2 x 4-1/2-inch rectangles
4, 2-1/2-inch squares

From **BEIGE LARGE PRINT**:

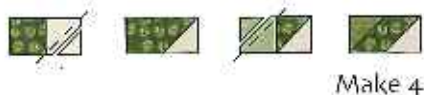
- Cut 1, 4-1/2 x 42-inch strip. From the strip cut:
1, 4-1/2-inch square
2, 2-7/8-inch squares
10, 2-1/2-inch squares
- Cut 1, 2-1/2 x 42-inch strip. From the strip cut:
14, 2-1/2-inch squares

Piecing

Step 1 With right sides together, layer the 2-7/8-inch **BEIGE** and **GREEN GEOMETRIC PRINT** squares in pairs. Press together, but do not sew. Cut the layered squares in half diagonally to make 4 sets of triangles. Stitch 1/4-inch from the diagonal edge of each pair of triangles; press. Sew a 2-1/2-inch **BEIGE** square to the right edge of each triangle-pieced square; press. At this point each unit should measure 2-1/2 x 4-1/2-inches.



Step 2 With right sides together, position a 2-1/2-inch **BEIGE** square on the right corner of a 2-1/2 x 4-1/2-inch **GREEN LEAF PRINT** rectangle. Draw a diagonal line on the square and stitch on the line. Trim the seam allowance to 1/4-inch; press. Repeat this process at the opposite corner of the rectangle using a 2-1/2-inch **GREEN GEOMETRIC PRINT** square.



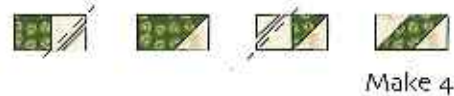
Step 3 Referring to the diagram for placement, sew the Step 1 and Step 2 units together in pairs; press. At this point each unit should measure 4-1/2-inches square.



Step 4 With right sides together, position a 2-1/2-inch **BEIGE** square on the corner of a 2-1/2 x 4-1/2-inch **GREEN GEOMETRIC PRINT** rectangle. Draw a diagonal line on the square; stitch, trim, and press. Repeat this process at the opposite corner of the rectangle.



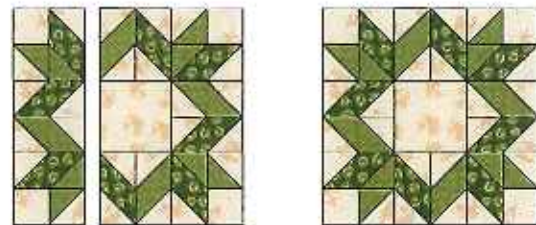
Step 5 With right sides together, position a 2-1/2-inch **BEIGE** square on the corner of a 2-1/2 x 4-1/2-inch **GREEN LEAF PRINT** rectangle. Draw a diagonal line on the square; stitch, trim, and press. Repeat this process at the opposite corner of the rectangle.



Step 6 Referring to the diagram for placement, sew the Step 4 and Step 5 units together in pairs; press. At this point each unit should measure 4-1/2-inches square.



Step 7 Referring to the diagram for placement, sew Step 6 units to the top/bottom edges of the 4-1/2-inch **BEIGE** square; press. Sew the Step 3 units to the edges of the remaining Step 6 units; press. Sew the units to the side edges of the **BEIGE** center square unit; press. At this point the **GREEN** pieced block should measure 12-1/2-inches square.



Quilt Center

Cutting

From **BEIGE LARGE PRINT**:

- Cut 1, 2-1/2 x 42-inch strip. From the strip cut:
2, 2-1/2 x 12-1/2-inch lattice strips

Quilt Center Assembly

Referring to the runner diagram for placement, sew together the 2 heart blocks, the 2, 2-1/2 x 12-1/2-inch **BEIGE** lattice strips, and the **GREEN** pieced block. At this point the runner center should measure 12-1/2 x 40-1/2-inches.

Border

Note: The yardage given allows for the border strips to be cut on the crosswise grain. Diagonally piece the strips as needed.

Cutting

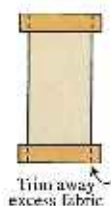
From **BEIGE LARGE PRINT**:

- Cut 4, 4-1/2 x 42-inch border strips

Attaching the Border

Step 1 With pins, mark the center points along all 4 sides of the runner. For the top/bottom borders measure the runner from left to right through the middle.

Step 2 Measure and mark the border lengths and center points on the border strips cut for the borders before sewing them on. Pin the border strips to the quilt matching the pinned points; stitch and press. Trim off excess border lengths.



Step 3 For the side borders, measure the runner from top to bottom through the middle, including the borders just added, to determine the length of the side borders.



Step 4 Measure and mark the border strips as you did for the top/bottom borders. Pin and stitch the side border strips in place; press. Trim the border strips even with the borders just added. The runner corners will be trimmed after the project is quilted.

Putting It All Together

Step 1 Trim the batting and backing so they are 4 to 6-inches larger than the runner top.

Step 2 Mark the runner top for quilting. Layer the backing, batting, and runner top. To secure the layers together for hand quilting, use long basting stitches by hand to hold the layers together. Quilt as desired. Refer to quilting suggestions on page 4.

Step 3 Now it is time to trim the ends of your runner. Referring to the runner diagram, mark the end points and side points. Position your ruler between these points and trim the corners. Hand baste the 3 layers together a scant 1/4-inch from the edge. This basting prevents puckers from forming when adding the binding. Trim excess batting and backing fabric even with the side edges of the runner top.

Diagonal Piecing



Binding

Note: The 2-3/4-inch wide strips will produce a 1/2-inch wide finished double binding.

Cutting

From **BEIGE LARGE PRINT**:

- Cut 4, 2-3/4 x 42-inch strips

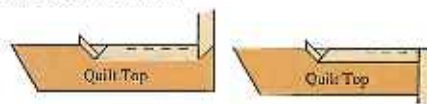
Attaching the Binding

Step 1 Diagonally piece the strips together. Fold the strip in half lengthwise, wrong sides together; press. Unfold and trim one end at a 45° angle. Turn under the edge 3/8-inch; press. Refold the strip.



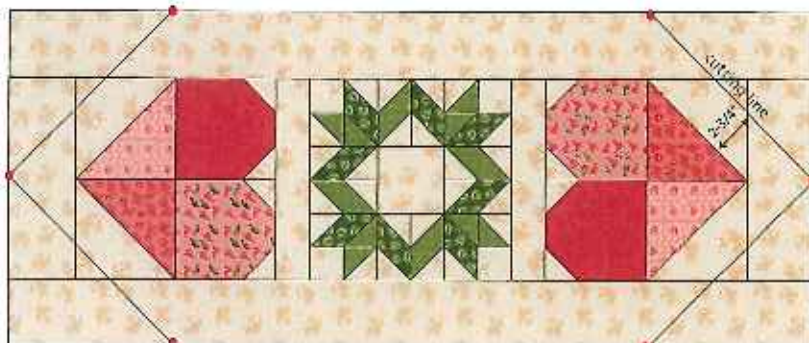
Step 2 With raw edges of the binding and runner top even, stitch with a 3/8-inch seam allowance, starting 2 inches from the angled end.

Step 3 Miter the binding at the corners. As you approach a corner of the runner, stop sewing 3/8-inch from the corner. Clip the threads and remove the runner from under the presser foot. Flip the binding strip up and away from the runner, then fold the binding down even with the raw edge of the runner. Start sewing again at the upper edge. Miter the corners in this manner.



Step 4 Trim the end of the binding so it can be tucked inside of the beginning binding about 1/2-inch. Finish stitching the seam.

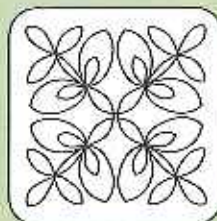
Step 5 Turn the folded edge of the binding over the raw edges and to the back of the runner so that the stitching line does not show. Slip stitch the binding to the backside of the runner by hand.



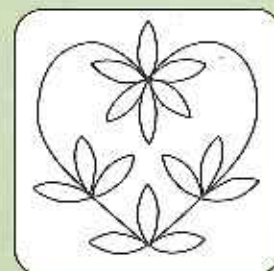
Quilting Suggestions:

- ROSE heart blocks - TB 47 Heart Petals.
- GREEN pieced block - 1/2-inch wide echo quilting.
- BEIGE center of block - TB 17 Lady Slipper.
- BEIGE background and border - medium meander.

The Thimbleberries quilt stencils are by
Quilting Creations International.



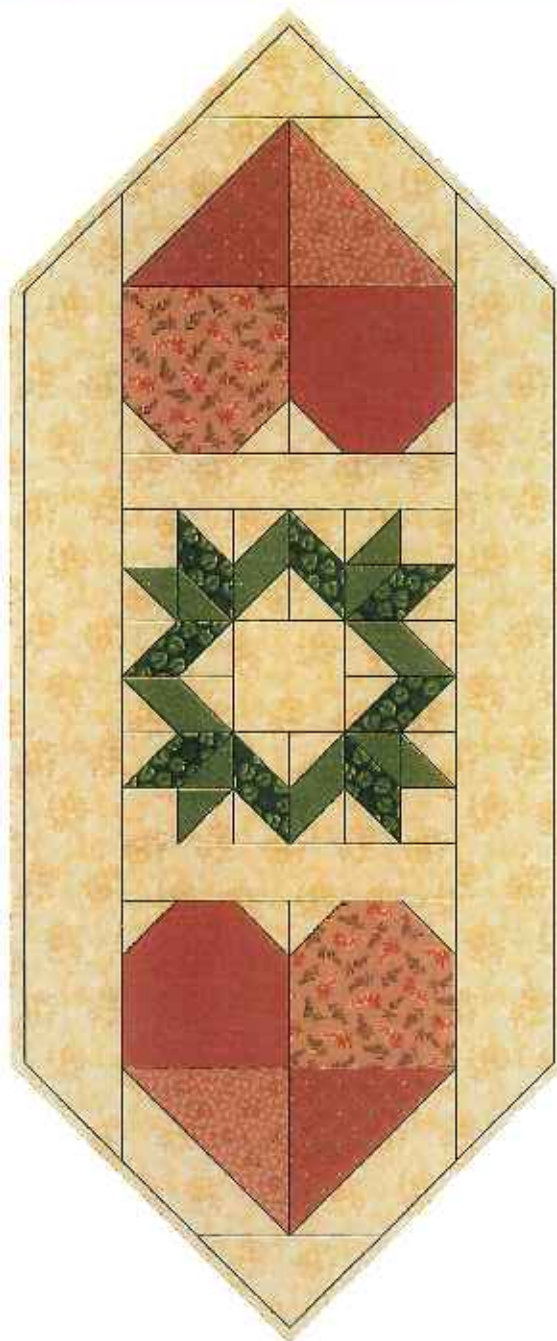
TB 17 Lady Slipper



TB 47 Heart Petals

Sweetheart Runner

Warm & Cozy Color Option



20" x 48"
Refer to back panel for
Fabric and Supplies
for the Warm & Cozy
Color Option